

Hasselbring

Senior Center Newsletter

Age Confidently... Age Comfortably... Age Creatively

2111 Flushing Rd. - Flint, MI 48504 - Ph 810-766-9516 - Fx 810-221-7893 Website: www.hasselbringseniorcenter.com - Email: hasselbring1002@gmail.com

MISSION STATEMENT

The mission of the Hasselbring Senior Center is to provide programs, activities, and services to promote health, safety, and dignity enabling seniors to remain independent in the community.

VISION

"Utilizing community resources to collaboratively increase the quality of life for our members and community...today, and in the future."

Center Hours

Monday - Friday
8:00 am - 5:00 pm
(office closes @ 4:00pm)
Closed Saturday and Sunday

Staff

Executive Director
Beverly Lewis

Office Assistant
Lance Barron

Culinary Connoisseur
Debra Carter

Custodian
Terry Patterson

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**Hasselbring Senior Center
has moved to our
New Permanent Home!**

**2111 Flushing Rd.
(Lower Level of Calvary United
Methodist Church)**

*New Members Are
Always Welcome!*

**CLOSED
Monday, Sept 1st**



Weekly Programming ~

Lunch

Served Daily
Monday - Friday
11:30am-12:30pm

Coffee Hour & Conversation
Mondays @ 9:00am

*Billiards / Dominoes
Spades / Chess / Checkers*
Mondays - Friday 8am-5pm

Amazing Fitness
Mondays 9:00am

Bingo
Monday-Friday @ 10am

Music Therapy
Mondays @ 11:00am

Bible Study
Tuesdays @ 12:30-1:30pm

Ball Room
Tuesdays and Thursdays @ 1-3pm

Arthritis Fitness
Wednesdays @ 9:00am

Amazing Fitness
Wednesdays @ 10:00am

Computer Class
Wednesdays & Fridays 10am-12pm

Holistic Healing/Massage
Thursdays @ 11am-12pm

Crochet Class
Thursdays @ 10am-12pm

Line Dance
Thursdays @ 11am-12pm

Jewelry Class
Thursdays @ 12-2pm

Let's Exercise
Fridays @ 9:00am

Produce Pantry
Fridays @ 10am-12:30pm

Senior Self Care w/ Nurse T
Fridays @ 11am-12:30pm

Bid Whiz
Fridays @ 1-4pm

*Hasselbring Board Meeting***Tuesday, Sept 11th @ 1pm****Board Meetings will be****Held quarterly in****Mar. June, Sept., & Dec.**

President - Percy Knapp

Vice Pres. - Kimberly Robbins

Secretary - Vacant

Treasurer - Genell Reeves

Sgt At Arms - Ronnie Russell

JoeAnn Carrigan Antwoine Little

Rosemary Morrow

*Legal Services of
Eastern Michigan,
Medicare/Medicaid
and**Veteran's Services*

Need legal advice or assistance with veteran's services? Sign up for an appointment by calling Hasselbring Senior Center office at (810) 766-9516.

A LSEM, Medicare/Medicaid or Veteran's Service Representative will contact you for a personal appointment time.

Elder Abuse Hotline
810-257-3422*Senior Boxes*

Senior Boxes will be distributed on **Friday, September 26, 2025.**

Please Mark Your Calendars.

**BOXES NOT PICKED UP ON TIME
MUST BE PICKED UP BY 9/29!**
Recipients failing to pick up will be removed from the list the following month.

Any low income senior age 62 or older is eligible to sign up for the monthly Senior Food Boxes.

*MTA Your Ride***Do you need a ride?**

Senior discounted transportation is available to and from Hasselbring Senior Center and for other essential needs.

Call MTA 810-767-5541**Project Fresh**

The State of Michigan has changed the process for receiving the Project Fresh (Farmer's Market) coupons this year to online registration only! Seniors needing technical assistance may call Hasselbring to schedule an appointment for help signing up.

Appointments are available Tuesdays, Wednesday and Thursdays from 8am - 2pm each day.

We're Here For You!**SmartPhone / Digital Literacy**

Our regular SmartPhone classes will return in September. Be empowered to use your smart phone and other devices to your advantage. Learn basic, intermediate and advanced functions.

There will **NO CLASS held on Thursday, September 4th.**
Regular classes will resume on Thursday, September 18st, from 4-5:30pm.

Self Care for Seniors Empowerment with Nurse T

Will resume in September!

Come join us on **Fridays, September 5th, 12th, 19th & 26th @ 11am** for real, lively, informative conversations on subjects that affect seniors, their health and their well-being. Please come and check out the many resources available to you and your loved ones.

Easy Oven Bake-Off

Bring your child, grandchild, great-grandchild or other significant person in your life and join us **Saturday, September 20th at 1pm** for an friendly, fun and exciting baking/decorating competition. Enjoy the opportunity of creating your very own masterpiece. Please sign up at the front desk to make sure we have supplies for you.

Free Movie Day

It's that time! Movie Time will be held on **Wednesday, September 24th @ 1pm.** Popcorn will be served. Movie to be announced at a later date. Please Join Us!

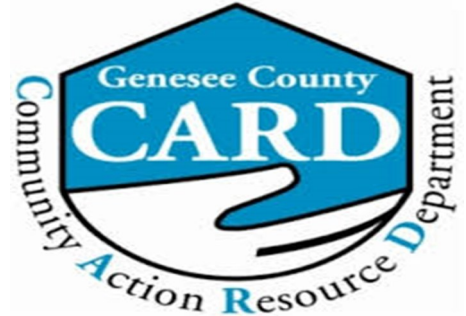


Congregate Meal Service

Due to Hasselbring Senior Center relocating, there will be a slight change in our daily lunch service. Please keep in mind that donations are still requested and are more important now than ever.

While we will not be able to provide the usual GCCARD lunch, a nutritious meal will be served each day as usual by our very own Culinary Connoisseur, Debra Carter.

Lunch will still be served from 11:30am-12:30pm, Monday through Friday.



LUNCH RESERVATION IS REQUIRED 24 HOURS IN ADVANCE. IF YOU PLAN TO EAT LUNCH WITH US ON ANY DAY, PLEASE CONTACT US TO RESERVE YOUR MEAL IN ADVANCE!

STOP BY OR CALL US @ 810.766.9516

IF YOU HAVE NOT ALREADY DONE SO, PLEASE STOP IN THE OFFICE TO COMPLETE AN UPDATED NAPIS FORM.

THIS FORM IS REQUIRED TO BE ON FILE FOR THOSE WHO PARTICIPATE IN LUNCH!

Newsletter Reminder

Genesee County Senior Millage Funding for Senior Centers is dependent upon senior participation identified by scanning in everytime you attend. It is vitally important that you scan in a minimum of once each month. Please help us to serve you better by stopping by and scanning for your newsletter each month so you can be counted and know what's ahead. Newsletters for the next month are available by the 4th Friday of each month.

Recruitment & Enrollment

~ Is Always Ongoing ~

Bring in new members, age 60+ and you can be entered into our monthly cash drawing. The more you bring, the more chances you have to win. The office is open 8am-4pm, Monday-Friday to receive and process new memberships. Please check out our many existing and new offerings for activities, programs and services and come in to take advantage or just take a few minutes **each month** to come in and scan to get counted.

THANK YOU!

Executive Board Openings

Hasselbring is always recruiting for new Board members. Letters of Interest are always accepted. If you are interested in a future seat on the Board to help the center continue to meet its mission, vision and goals, please submit a Letter of Interest with your credentials to Board President, Mr. Percy Knapp. Letters may be dropped off in the office or mailed to

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Flint, MI 48504

Free COVID Testing

MACEDONIA BAPTIST CHURCH

Monday, Friday, and Saturday from 10 am to 3 pm

<https://www.solvehealth.com/book-online/ABXLkg>

BETHEL UNITED METHODIST CHURCH

Tuesday – Wednesday from 10 am to 4 pm

Thursday from 1 pm to 7 pm

<https://www.solvehealth.com/book-online/0PmnQA>

WORD OF LIFE CHURCH

Tuesday – Thursday from 12 pm to 6 pm

<https://www.solvehealth.com/book-online/0Pm1kA>

**THIS PROGRAM AND/OR SERVICE IS FULLY OR PARTIALLY FUNDED BY
GENESEE COUNTY SENIOR MILLAGE FUNDS.
YOUR TAX DOLLARS ARE AT WORK!**

